

Brazos Valley References

Private Practice
Counselor: Lauri Baker Brown
 (979) 696-5556
Counselor: Beth Roe
 (979) 695-8118
Psychologist: Dr. Marlene Hsi
 (979) 268-8199
Psychologist: Dr. Celeste Arden Riley
 (979) 457-4020
Psychologist: Dr. Barbara Sanford
 (979) 691-8500
Psychologist: Dr. Patricia Nation
 (979) 260-6919
Psychologist: Dr. Anna Satterfield
 (979) 268-0126
Psychologist: Meredith Williamson
 (979) 774-8200
Brazos Valley Women’s Center
Psychologist: Dr. Stephen Liter
 (979) 776-5602
Dietitian: Linda Kapusniak, MS,RD,LD
 (979) 776-5602
Physicians
Psychiatrist: Dr. Joshua Cabrera, MD
 (979) 774-8200
Scott and White:
 Dr. Wade Richardson (979) 691-3300
St. Joseph Family Medicine:
 Dr. Anna Damian 1-888-921-2103
University Pediatric Services (Up to age 21)
Nurse Practitioner: Jane Riley (979) 696-4440
A&M Christian Counseling Center
 (979) 703-1808
Oakwood Roots: (979) 229-7636
<http://www.oakwoodcounseling.com/oakwood-roots/> - Lower cash fee counseling services

Texas Eating Disorder Treatment Centers

Shades of Hope
 Buffalo Gap, TX 79508
 Phone: (800) 588-HOPE
<http://www.shadesofhope.com>
Eating Recovery Center of Austin
 Austin, TX
 Phone: (512) 277-3744
<https://www.eatingrecoverycenter.com>
Eating Recovery Center—The Woodlands
 The Woodlands, TX 7784
 Phone: (281) 407-1760
 Admissions/Inquires: 888-825-8485
<https://www.eatingrecoverycenter.com>
Center for Discovery
 Houston & Dallas, TX
 Phone: (214) 463-2078
 Inquires: (866) 679-0690
<http://centerfordiscovery.com>
Sante Center for Healing
 Argyle, TX 76226
 Phone: (940) 464-7222
<http://www.santecenter.com>
Presbyterian Hospital of Dallas
 Dallas, TX
 Phone: (214) 345-8747
 E-mail: EatingDisordersPrgram@TexasHealth.org
<http://www.texashealth.org/hospitals/>
Cedar Springs
 Austin, TX 78746
 Phone: (877) 755-2244
<http://cedarspringsaustin.com>

National Eating Disorder Treatment Centers

Montecatini Residential Treatment Center
 Rancho La Costa, CA 92009
 Phone: (866) 657-6237
Rader Program
 Calabasas, CA 91302
 Phone: (800) 608-7139
Remuda Ranch Programs for Anorexia and Bulimia
 Wickenburg, AZ 85390
 Phone: (800) 414-4945
Avalon Hills
 Petersboro, UT 84325
 Phone: (800) 330-0490
Mercy Ministries of America
 Monroe, LA
 Phone: (615) 831-6987
www.mercyministries.org
The Renfrew Center
 Phone: (800) RENFREW
www.renfrewcenter.com



Recovery is Possible.
 Accept yourself...
 Accept Others.

Resources

- * * * * *
- * National Eating Disorder Association
- * <http://www.nationaleatingdisorders.org>
- * National Institute of Health and Mental Illness
- * <http://www.nimh.nih.gov/Publicat/eatingdisorders.cfm>
- * National Mental Health Information Center
- * <http://www.mentalhealth.samhsa.gov>
- * American Psychiatric Association
- * <http://healthyminds.org/>
- * Academy for Eating Disorders
- * <http://www.aedweb.org/>
- * Harvard Eating Disorders Center
- * <http://www.hedc.org/>
- * Weight Control Information Network
- * <http://win.niddk.nih.gov/index.htm>
- * National Association of Anorexia Nervosa and Associated Disorders
- * <http://www.anad.org/>
- * The Mayo Clinic
- * <http://www.mayoclinic.com/health/anorexia/DS00606>
- * Nemours Foundation: Kids Health for Parents
- * http://kidshealth.org/parent/growth/feeding/binge_eating.html
- * American Academy of Child and Adolescent Psychiatry
- * <http://www.aacap.org/>
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Eating Disorder Support Group

Support group for anyone living with an eating disorder and their loved ones
Meets the 1st Monday of each month
at 6:30pm.

Come join us in the St. Joseph
Rehabilitation Center Quilter's Café
1600 St. Joseph, Bryan, Texas 77802.

For more information, please contact Karen
at karen.beathard@gmail.com.

Student Counseling Services at Texas A&M

Psychologist: Dr. Iris Carrillo (979) 845-4470

Student Health Services at Texas A&M

Physician: Dr. Gayle Ponder (979) 458-8250

Dietitian: Meghan Windham, MPH, RD, LD
mwindham@shs.tamu.edu (979) 458-8327

Helpline at Texas A&M

24 hours a day/ 7 days a week



Brazos Valley

Eating Disorder Resource Guide

A Guide for
Eating Disorder
Patients
and
Their Families